



ISSD Middle School P.E. Uniform

Grades 6th – 8th

BOYS		GIRLS	
Shirt:	<ul style="list-style-type: none"> • Dark, Navy blue T-shirt • Short sleeves • Plain, NO writing or designs 	Shirt:	<p>(Wal-Mart sells this in Men's department)</p> <ul style="list-style-type: none"> • DICKIES Brand • Men's long-sleeved button front shirt • COLOR: Chambray (light blue, like denim) • Buy one size large than normal • Must fit LOOSELY and LONG, to fall 3" below the hips <p>If this is not easily found, you may also purchase similar long-sleeve, button front shirt in denim fabric (like jeans), however, it must also fit loose and long below the hips.</p> <p>NOTE: Girls must wear an undershirt under the school uniform to ensure modesty while changing.</p>
Pants:	<ul style="list-style-type: none"> • Loose-fitting SWEAT PANTS • Light gray color (also called "light steel" or "heather gray") • Plain, NO writing or designs 	Pants:	<p>(Can also be found in small size in Wal-Mart Men's department. Keep in mind, if %100 cotton, will shrink a little in the dryer)</p> <ul style="list-style-type: none"> • Loose-fitting SWEAT PANTS • Navy blue • NO stripes, designs, etc.
		Scarf:	<ul style="list-style-type: none"> • White slip-on hijab, Al-Amira style • No hijabs with pins for safety reasons

Shoes and Socks for Boys AND Girls

- Tennis shoes
- White, Black, or Gray CREW SOCKS (no designs), must cover the calf completely

Labeling

- Bring all items to class on the 1st day so they can be checked and labeled after verification that each item meets required standards. Otherwise, it will need to be replaced. Be sure to keep all receipts and tags on until checked by the P.E. teachers.